Pokalde Peak Climbing

Pokhalde is quite a complex mountain, although its basic structure remains quite simple. It is a section of the long tapering southwest ridge of Nuptse South with the Kongma La pass dividing the two. Seen from Lobuje or Gorak Shep the peak looks impressive rising to the south of Kongma La (5535m) Pass; used for grazing the yaks between Chhukung and the Khumbu. A high camp can be established near the small lakes beneath the Kongma La. The northern side of the mountain has a small hanging glacier that is best reached along the ridge rising from the Kongma La. Those interested in the South Face of the mountain should make Pheriche their base. The mountain can then be reached by climbing the huge lateral moraine and traversing over grazing meadows to the screes cone below the face.

The summit provides an excellent viewpoint and from that perspective is a fine little peak

Duration: 22 days
Price: \$0
Rating: 5 Star
Grade: Strenuous
Destination: Nepal
Activity: Peak Climbing in Nepal
Quick Facts
Elevation: 19048 feet / 5, 806 meters
Location: Everest region of Nepal
Latitude: 27 56' 15" North
Longitude: 86 50' 09" East
Best season : July, August, September, October
Year First Climbed: 15 April 1953
First Climber (s): John Hunt, Wilfrid Noyce, Tom Bordillon, Mike Ward
Convenient Center: Namche Bazar
Accommodations: Lodge / Camping
Trek grade: Strenuous
Itinerary:
Day 1: Arrive Kathmandu & Transfer to Hotel and welcome dinner in the evening

- Day 2: Half day City sightseeing and preparation for the trip
- Day 3: Flight to Lukla (2840m) trek to Phakding (2640m)
- Day 4: Trek to Namche Bazar (3440m)
- Day 5: Acclimatization day
- Day 6: Trek to Phortse Thanga (3600m
- Day 7: Trek to Machhermo (4410m)
- Day 8: Trek to Gokyo (4750m)
- Day 9: Trek to Gokyo Peak (5480m)
- Day 10: Trek to Nyimagawa (5050m)
- Day 11: Trek to Cho La Pass (5420m) and to Dzongla (4840m)
- Day 12: Trek to Lobuche (4910m)
- Day 13: Trek to Kala Pattar (5545m) & back to Ghorakshep (5140m)
- Day 14: Trek to Everest B. C. (5310m) and back (4910m)
- Day 16: Climb to Pokalde summit (5806m) & return to Base Camp
- Day 17: Trek to Tengbuche (3860m)
- Day 18: Trek to Khumjung (3780m) and to Namche (3440m
- Day 19: Trek to Lukla (2840m)
- Day 20: Spare day incase of flight cancellation
- Day 21: Fly to Kathmandu (1350m) / Hotel
- **Day 22:** Drive to Airport for return flight

Other Features:

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